

Counseling Services

- ◆ Classroom Guidance Lessons
- ◆ Group Counseling
- ◆ Individual, Brief, Solution-Focused Counseling
- ◆ Crisis Intervention
- ◆ High School Transition Guidance
- ◆ Consultation with parents and teachers
- ◆ Referrals for community services



"Growth occurs when individuals confront problems, struggle to master them, and throughout the struggle develop new aspects of their skills, capacities, views about life."

—Carl Rogers

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Aurora Academy Counseling Program

is committed to working collaboratively with you, the staff and the community in encouraging and advocating for your children in their academic, career and personal/social development.

We strive to service all children and meet the unique needs of the Aurora Academy community using comprehensive programs and feedback from you, our students, and staff.



Frequently Asked Questions

Why School Counseling?

- *Children learn best when they feel good about themselves and their relationships with others.*
- *Children who understand their feelings are better able to control their behavior.*
- *Children are capable of making responsible choices.*
- *Schools, parents, and communities that communicate and collaborate provide the most effective support to children.*
- *Attitudes formed during elementary school shape future attitudes towards learning, self, and society.*

“ I have learned that people will forget what you said; people will forget what you did; but people will never forget how you made them feel.” —Maya Angelou



What exactly does a school counselor do?

My services are available to ALL students, It is my job to make sure that students are happy and doing their best at school. This is a tall order since so many factors go into kids doing well—their ability to focus and pay attention, their relationships with peers and teachers, how well they can manage their feelings and impulses, and their lives outside of school. I can address these issues using individual or small group counseling, as well as classroom guidance lessons. I ask kids to think of me as a coach who helps them solve their problems. I am a student advocate and an adult with whom they are never in trouble.



How are you different from a therapist outside counselor?

I frequently see children just once or twice, or in the classroom setting rather than my office. Although I do often help children with family problems and behavior at home, my primary role is to deal with school related problems. Sometimes an issue is better addressed more intensively in a therapeutic setting, and with greater direct parental involvement.



How do children get to see you?

Teachers, parents and students can request to meet with me. Available as a link on the student and teacher networks, and the Aurora Academy website, Parents, Staff and Students have access to their own electronic referral form.



Will you notify me if you see my child?

In building relationships with all students, I speak with them often, and if it is concerning a relatively minor issue such as an argument I may not notify you unless there is a safety concern. However, if the worry or problem is significant, I will contact you.



“The fact is that people are good. Give people affection and security, and they will give affection and be secure in their feelings and their behavior.”

—Abraham Maslow