Falcon Phys Ed

Aurora Academy • Aug 17, 2026

Building Our PE Community

Primary Physical Education (K-2)

This week, students will focus on respecting self by understanding responsible personal behavior, listening carefully to instructions, and practicing safe movement habits. Through engaging activities, they will learn how to make healthy choices, take care of their bodies, and do their personal best during every game. Additionally, students will practice essential safety rules and emergency procedures to ensure a secure environment in the gym

Intermediate Physical Education (3-5)

This week, intermediate students will focus on practicing essential emergency procedures to keep the gym safe and secure. Additionally, they will work together in teams through collaborative activities to strengthen communication, cooperation, and good sportsmanship.

Middle School Physical Education (6-8)

Middle schoolers are hitting the hardwood to master offensive spacing and defensive transitions in our basketball unit. Students are demonstrating teamwork and leadership as they execute complex tactical plays while maintaining a high level of health-enhancing physical activity.

School & Community Events

List upcoming events and assignments for the week.

Date	Details
Aug 17	First Day of School (Kindergarten)
	Elementary PE - (D) Day rotation Nether (2), Walter (K), McElreath (4)
Aug 18	Elementary PE - (E) Day rotation Kennedy (3), Raghunath (K), Pope (5)
Aug 19	Elementary PE - (A) Day rotation Birge, (3), Laws (5)
	Fall Sports Tryouts (5-8), 3:30 - 5:30 PM Flag Football, Volleyball
Aug 20	Elementary PE - (B) Day rotation Gates (2), Tybon (1), Black (5)
	Fall Sports Tryouts (5-8), 3:30 - 5:30 PM Flag Football, Volleyball
Aug 21	Elementary PE - (C) Day rotation Payton (1), Coxall (4) MS Basketball Performance Assessment

About Ms. Starkey

I am a proud graduate of the University of Northern Colorado with a degree in Sport and Exercise Science and an emphasis in K-12 Physical Education. With 9 years of teaching experience, I am dedicated to fostering a love for physical activity in all students. I strive to ensure that every student finds enjoyment in participating in a variety of physical activities, from sports to exercise, helping them build a lifelong appreciation for staying active.

`Michelle Starkey`

Teacher

Physical Education

Aurora Academy Charter School

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