Falcon Phys Ed

Aurora Academy • Aug 24, 2026

Building Our PE Community

Primary Physical Education (K-2)

This week, students will focus on respecting others through positive peer interactions and good sportsmanship. Additionally, students will learn and practice fun cheers of celebration to encourage their classmates and build a supportive gym community.

Intermediate Physical Education (3-5)

This week, students will continue working collaboratively and cooperatively through a variety of team and competitive activities. Additionally, they will practice learning and executing respectful cheers for celebrations to build good sportsmanship and positive peer recognition.

Middle School Physical Education (6-8)

This week, middle school PE students will refine their flag football skills, focusing on more advanced techniques beyond the basics. We'll work on perfecting proper throwing and catching form, executing offensive routes, and improving agility for both ball carriers and flag pullers. The unit will also emphasize strategic thinking and teamwork through small-sided games and offensive/defensive scenarios.

School & Community Events

List upcoming events and assignments for the week.

Date	Details
Aug 24	Elementary PE - (D) Day rotation Nether (2), Walter (K), McElreath (4)
Aug 25	Elementary PE - (E) Day rotation Kennedy (3), Raghunath (K), Pope (5)
	Fall Sports Tryouts (5-8), 3:30 - 5:00 PM Cross Country
	Parent/Team Meeting, 5:00 - 5:30 PM Volleyball, Flag Football
Aug 26	Elementary PE - (A) Day rotation Birge, (3), Laws (5)
	Fall Sports Tryouts (5-8), 3:30 - 5:00 PM Cross Country
Aug 27	Elementary PE - (B) Day rotation [Starkey Out of Office] Gates (2), Tybon (1), Black (5)
	Fall Sports Tryouts (5-8), 3:30 - 5:00 PM Cross Country
Aug 28	Elementary PE - (C) Day rotation [Starkey Out of Office] Peters (1), Coxall (4)
	Neon Fest, 5:00 - 7:00 PM

About Ms. Starkey

I am a proud graduate of the University of Northern Colorado with a degree in Sport and Exercise Science and an emphasis in K-12 Physical Education. With 9 years of teaching experience, I am dedicated to fostering a love for physical activity in all students. I strive to ensure that every student finds enjoyment in participating in a variety of physical activities, from sports to exercise, helping them build a lifelong appreciation for staying active.

`Michelle Starkey`

Teacher

Physical Education

Aurora Academy Charter School

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