Falcon Phys Ed

Aurora Academy • Aug 31, 2026

Building Our PE Community

Primary Physical Education (K-2)

This week, students will focus on respecting equipment and the environment by taking care of the gear and materials we use. Additionally, students will practice emotional awareness by learning how to reflect on and identify their current feelings and energy levels during physical activity.

Intermediate Physical Education (3-5)

This week, students will wrap up their back-to-school activities by reinforcing essential teamwork and cooperation skills. Additionally, students will learn to practice emotional awareness by reflecting on their current feelings and energy levels as they enter and exit the gym.

Middle School Physical Education (6-8)

This week, we are transitioning from flag football to ultimate, allowing students to quickly transfer their field awareness and tactical skills into an intense new unit. Alongside mastering the game's mechanics, students will learn and apply the core principles of **Spirit of the Game** throughout all of our activities.

School & Community Events

List upcoming events and assignments for the week.

Date	Details
Aug 31	Elementary PE - (D) Day rotation Nether (2), Walter (K), McElreath (4)
Sep 01	Elementary PE - (E) Day rotation Kennedy (3), Raghunath (K), Pope (5)
	Parent/Team Meeting, 5:00 - 5:30 PM Cross Country
Sep 02	Elementary PE - (A) Day rotation Birge, (3), Laws (5)
Sep 03	Elementary PE - (B) Day rotation Gates (2), Tybon (1), Black (5)
Sep 04	Elementary PE - (C) Day rotation Peters (1), Coxall (4)

About Ms. Starkey

I am a proud graduate of the University of Northern Colorado with a degree in Sport and Exercise Science and an emphasis in K-12 Physical Education. With 9 years of teaching experience, I am dedicated to fostering a love for physical activity in all students. I strive to ensure that every student finds enjoyment in participating in a variety of physical activities, from sports to exercise, helping them build a lifelong appreciation for staying active.

`Michelle Starkey`

Teacher

Physical Education

Aurora Academy Charter School

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