# Falcon Phys Ed

Aurora Academy • Sep 7, 2026

## Building Our PE Community

### Primary Physical Education (K-2)

Students will review classroom rules through engaging activities that highlight what it means to respect self, others, and the equipment we share. Through these activities, children will practice positive behaviors to keep the gym safe, fun, and welcoming for everyone.

### Intermediate Physical Education (3-5)

We are introducing the new “recharge room” space, teaching students how to take a positive, self-guided break during team activities so they can return refreshed after a disagreement or high-energy moment.

### Middle School Physical Education (6-8)

In our upcoming soccer unit, students will focus primarily on fundamental passing and receiving techniques to maintain fluid ball movement. They will also practice spatial awareness by learning how to dynamically create and close space on the field.

# School & Community Events

List upcoming events and assignments for the week.

| Date | Details |
| --- | --- |
| Sep 07 | Labor Day - No School |
| Sep 08 | Elementary PE - (D) Day rotation<br>Nether (2), Walter (K), McElreath (4)<br><br>MS Volleyball Game vs Montessori del Mundo, 4:30 pm<br>10251 E 1st Ave, Aurora, CO 80010 |
| Sep 09 | Elementary PE - (E) Day rotation<br>Kennedy (3), Raghunath (K), Pope (5) |
| Sep 10 | Elementary PE - (A) Day rotation<br>Birge, (3), Laws (5)<br><br>MS Flag Football Game vs Global Village, 4:30 pm<br>Location TBD |
| Sep 11 | Elementary PE - (B) Day rotation<br>Gates (2), Tybon (1), Black (5) |

# About Ms. Starkey

I am a proud graduate of the University of Northern Colorado with a degree in Sport and Exercise Science and an emphasis in K-12 Physical Education. With 9 years of teaching experience, I am dedicated to fostering a love for physical activity in all students. I strive to ensure that every student finds enjoyment in participating in a variety of physical activities, from sports to exercise, helping them build a lifelong appreciation for staying active.

`Michelle Starkey`

Teacher

Physical Education

Aurora Academy Charter School

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