Falcon Phys Ed

Aurora Academy • Sep 21, 2026

Building Our PE Community

Primary Physical Education (K-2)

Get ready to float, catch, and groove! This week, we launch our high-flying **locomotor and manipulative unit** by turning colorful scarves into dancing, tracking, and tossing magic. Students will practice moving gracefully across the gym while tracking falling objects, building the foundational hand-eye coordination and body control needed for future throwing and catching mastery.

Intermediate Physical Education (3-5)

This is day 2 of our exciting invasion basics unit, where students continue building on their teamwork, communication, and strategy! Students will dive deeper into moving together as a unit, finding open space, and executing smart passes to conquer cooperative challenges on the gym floor.

Middle School Physical Education (6-8)

This week, we are transitioning away from invasion games to focus on volleyball, introducing students to fundamental skills like bumping, setting, and serving. Students will learn how to work together as a team in rotation and apply proper positioning on the court.

School & Community Events

List upcoming events and assignments for the week.

Date	Details
Sep 21	Elementary PE - (B) Day rotation Gates (2), Tybon (1), Black (5)
Sep 22	Elementary PE - (C) Day rotation Peters (1), Coxall (4) MS Volleyball Game vs Vanguard (West), 4:30 - 5:30 PM 10251 E 1st, Ave, Aurora, CO 80010
Sep 23	Elementary PE - (D) Day rotation Nether (2), Walter (K), McElreath (4)
Sep 24	Elementary PE - (E) Day rotation Kennedy (3), Raghunath (K), Pope (5) MS Cross Country Meet, 5:00 - 6:00 PM 101 Yosemite St, Denver, CO 80230
Sep 25	Elementary PE - (A) Day rotation Birge, (3), Laws (5)

About Ms. Starkey

I am a proud graduate of the University of Northern Colorado with a degree in Sport and Exercise Science and an emphasis in K-12 Physical Education. With 9 years of teaching experience, I am dedicated to fostering a love for physical activity in all students. I strive to ensure that every student finds enjoyment in participating in a variety of physical activities, from sports to exercise, helping them build a lifelong appreciation for staying active.

`Michelle Starkey`

Teacher

Physical Education

Aurora Academy Charter School

Contact: mstarkey@auroraacademycharter.com